

PATHWAYS CENTER *for* GRIEF & LOSS

SUGGESTED RESOURCES FOR DEATH IN THE SCHOOLS

The following resources are available to borrow from the Pathways Center for Grief & Loss Resource Library.

Books

Cunningham, Linda. **Teenage Grief Activity Book.**

Excellent compilation of grief specific group activities for grieving teens.

Corr, C. & Balk, D. Ed. **Handbook of Adolescent Death & Bereavement.**

Comprehensive textbook for all who work with grieving teens.

Dougy Center. **Instructor's Manual for Training Facilitators.**

Excellent, comprehensive materials and activities to train adults to work with bereaved children.

Fry, Virginia L. **Part of Me Died, Too.**

Wonderfully sensitive book that can help professionals consider a variety of creative ways to work with children who experience loss. Case examples range from the common, uncomplicated loss of a pet through complex losses such as suicide and murder.

Goldman, Linda. **Life & Loss: A Guide to Help Grieving Children.**

Excellent, comprehensive, and current teaching manual for everyone who works or lives with grieving children.

Haasl, Beth & Marnocha, Jean. **Bereavement Support Group Program for Children.**

Leader Manual and Participant Workbook. Excellent variety of exercises to use in leading grief groups, a mainstay if you are working with grieving kids.

Hospice of the Valley Teen Grief Program. **Grief Speak.**

Excellent content in booklet and accompanying 18 minute DVD helping teens realize they are not alone in their grief.

Grollman, Earl. **Talking About Death: A Dialogue Between Parent and Child.**

Includes an explanation of death with illustrations written for children and a parents' guide to help initiate discussion of the meaning of death and answer questions that children may have for adults.

Hospice of Lancaster County. **The Teacher's Guide to the Grieving Student.**

Short and concise booklet that addresses common reactions according to developmental stages and types of losses and suggested interventions. Available for purchase only through Hospice of Lancaster County's PATHways Center for Grief & Loss.

Johnson, Kendall. **School Crisis Management.**

This hands-on guide to training crisis response teams includes more than 100 full-page charts that can be reproduced as slides and overhead transparencies or copied as handouts. Includes detailed strategies and specific procedures for managing a wide variety of potential school crises.

Klicker, Ralph. **A Student Dies, A School Mourns.**

Excellent, thorough, practical, and invaluable book that provides a systematic guide for developing a death-related crisis response plan and addresses common reactions of students and faculty.

Lehmann, L., Jimerson, S., & Gaasch, A. **Mourning Child Grief Support Group Curriculum.**

Three volumes for early childhood, middle childhood and teens, this curriculum offers developmentally appropriate opportunities that are fun and engaging, enabling children and teens approach otherwise difficult topics. Each curriculum contains ten 90-minute sessions implemented over a period of ten weeks.

Lerner, M., Volpe, J. & Lindell, B. **A Practical Guide for Crisis Response In Our Schools.**

This manual addresses the wide spectrum of school-based crises, emphasizing the importance of effective crisis management being the responsibility of all educators, not just school administrators or the crisis response team. This guide is extremely comprehensive and well written.

Lowenstein, L. **Creative Interventions for Bereaved Children.**

A comprehensive user-friendly workbook for anyone working with grieving children. It includes many creative unique activities to help bereaved children express their complicated feelings about their loss. The activities require minimal materials and are easy to adapt to any setting.

McWhorter, G. **Healing Activities for Children in Grief.**

This workbook provides a wide variety of activities suitable for support groups with grieving children, preteens and teens. All game pieces, activities and handouts are reproducible.

Perschy, M. **Helping Teens Work Through Grief.**

Excellent background information along with many specific activities to help teens reflect upon and talk about their particular concerns. The wide variety of activities allows you to choose which fits for your particular group.

Rugg, S. **Puppet Plays for Grieving Children.**

Sixteen heart-warming puppet plays provide grieving children the opportunity to experience their feelings, be supported, and learn coping skills. Considered to be a necessary resource by many school counselors.

Rynearson, E. **Violent Death, Resilience and Intervention Beyond the Crisis.**

Provides exceptional insight into the impact of the experience of violent death, offering helpful suggestions on how to support those who struggle in the months and years that follow.

Salloum, A. **Group Work with Adolescents After Violent Death.**

With the prevalence of so many accidents, homicides and suicides impacting the lives of adolescents, this manual provides a comprehensive guide to group work with adolescents. It includes handouts, exercises, activity sheets and sample forms as well as a 10-week group therapy model for adolescents impacted by violent death.

Schaefer, Dan & Lyons, Christine. **How Do We Tell Children?**

A step-by-step guide for helping children ages two to teen cope when someone dies.

Silverman, Phyllis. **Never Too Young To Know.**

Drawing on a rich collection of life stories from parents and children, this book addresses many long-standing and erroneous beliefs about how children grieve, and how they heal.

Webb, Nancy Boyd. **Helping Bereaved Children.**

Practical textbook filled with theory, illustrative cases, and clinically based approaches to helping children cope with loss. Third edition published in 2010.

Webb, Nancy Boyd. **Mass Trauma and Violence, Helping Families and Children Cope.**

This comprehensive volume describes a range of effective ways to help children and families cope with major traumatic experiences such as community violence, war, and terrorist attacks.

Wolfelt, Alan. **Healing The Bereaved Child.**

This comprehensive guide to caring for the bereaved child includes an excellent section on teens.

Zambelli, G. & C'Costa, E. **Changing Tides, A Child-Parent Bereavement Program Training Manual.**

In addition to suggestions for activities for children and parent groups, this manual addresses common challenges and suggestions about group process, the use of volunteers, and offers a lot of information about grief and loss and the impact on the family system.

Workbooks

Alexander, D. **It Happened To Me, A Creative Healing Book.**

This activity book is specifically designed for child victims of crime or trauma.

Dougy Center, The. **After a Suicide, A Workbook for Grieving Kids**

An excellent interactive workbook that helps children who have been exposed to suicide to learn from other children.

Dougy Center. **After a Murder: A Workbook for Grieving Kids.**

An excellent interactive workbook that helps explain confusing elements specific to a murder such as police, media, and the legal system. Children learn that they are not alone in their feelings and experiences.

Goldman, L. **Children Also Grieve, Talking about Death and Healing.**

Color photography, hard bound book that allows children to make it 'theirs' as they write and draw about the person who died. Includes helpful information for adults as well.

Grollman, E. **A Scrapbook of Memories.**

Provides the opportunity for young children to write and draw pictures about the person who died.

Wolfelt, A. **How I Feel.**

This is a coloring book for children ages 3-8 to color in pictures about how they feel about the loss.

Heegaard, M. **When Someone VERY Special Dies Children Can Learn to Cope with Grief**

Designed to teach basic concepts of death and help children understand and express the many feelings they have when someone special dies. An activity book, children personalize it and make it their own.

Shavatt, D & E. **My Grieving Journey Workbook**

This book can be a helpful tool to use with children who have lost a loved one. It includes all the topics parents and children need to address when coping with a significant loss.

Silverman, J. **Help Me Say Goodbye.**

An art therapy book that encourages children to express their feelings in words or pictures.

Traisman, Enid. **Fire in My Heart Ice in My Veins.**

This journal helps teens honor, record, and realize their many thoughts, feelings and questions related to their loss and their memories. Excellent keepsake.

Websites

www.aacts.org

www.webhealing.com

www.geraldlewis.com/articles.htm

www.mentalhealth.samsha.gov/publications

www.griefnet.org

www.istss.org



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