



Meal Prices 2016-2017

Elementary

Breakfast price is \$1.35; reduced price \$.00

Lunch price is \$2.45; reduced price \$.40

Middle School

Breakfast price is \$1.50; reduced price \$.00

Lunch price is \$2.60; reduced price \$.40

High School

Breakfast price is \$1.50; reduced price \$.00

Lunch price is \$2.75; reduced price \$.40

Dietary Restrictions: If your child has special dietary restrictions (i.e. food allergies, diabetes, eating restrictions), you must complete the *Medical Plan of Care for School Food Services* form and have it signed by your child's physician. The form is available from the school nurse, the Food Service Office or at www.hempfieldsd.org (Main Food Services Page: Forms & Documents). Please contact the Food Service Office for assistance with this process if needed. The Food Service Department does not accept handwritten notes by the parent.

Please note the Medical Plan of Care for School Food Services form is a different form that is required, separate from what you may have completed for the school nurse.



How Do I Pay For School Lunch?

- You can send a check/money order to the Hempfield cafeteria. Please make checks payable to Hempfield Cafeteria Account and put the student's name and/or student ID on the check.
- You can pay online at: www.myschoolbucks.com. (Please note there is a \$2.00 processing fee for this service.) There are several free options you are able to access on the system such as; view/monitor your child's account, view what your child purchased and set up low balance reminders. You will need to ask your student their "Student ID number" or call/email the school office to obtain the number to get started.
- Sending Cash: We do accept cash; however, we caution you if your student is younger and may have a tendency to lose it before it makes its way to the cafeteria. The best way to send cash is in a sealed envelope addressed to their homeroom teacher and they will be sure it makes it to the cafeteria. Please be sure to have your student's name on the envelope as well.

How Do I Know If My Child's Account Balance is Low?

- We notify students when they come through the line that they have a low balance.
- You can monitor their account for free on www.myschoolbucks.com.
- You can always call us at 717-898-5566.

All negative balances are to be paid in full by the last day of school.

**HEMPFIELD SCHOOL DISTRICT
FOOD SERVICE DEPARTMENT**

**Food
Service
PROGRAM
2016-2017**

Serving Education Daily



**Hempfield School District
Food Service Department
200 Church Street
Landisville, PA 17538
717-898-5566**



Building A Strong Foundation

Welcome to the world of school meals! The Staff provides your child with good nutrition, fun and lots of new adventures in dining. We are pleased to offer Breakfast and Lunch to our students and staff daily.

The National School Lunch Program was established in 1946 as a vital part of the U.S. Educational System. Breakfast and Lunch meet meal patterns established by the U. S. Department of Agriculture. Meal portions and menu items are based on the nutritional needs of children at the elementary, middle and high school levels.

You can be assured that the meals offered to your child meet the highest standards for nutritional integrity and food quality. We strive to provide menus that the students *want* to eat, meeting our high standards of quality, using the freshest ingredients.

Meeting Their Needs

What Qualifies as a “Meal”?

Lunch:

⇒ Must contain **3** of the **5** food groups
(**Dairy**, **Fruit**, **Vegetable**, **Grain**, or **Protein**)



⇒ Must contain 1/2 cup of fruit and/or vegetable

Breakfast:

⇒ Must contain **3** of the **5** food groups
(**Dairy**, **Fruit**, **Vegetable**, **Grain**, or **Protein**)

⇒ Must contain 1/2 cup fruit

A La Carte—Charging:

When a “full meal” is not purchased, it will not count as a “qualified meal” and each item will be charged separately which will equal more than a “Lunch Price” of \$2.45, \$2.60, or \$2.75 depending on grade level.



Field Trip Lunches

Every student paid/free/reduced is offered the option for a packed lunch on the day of a field trip.

Students have the opportunity to choose from two well- balanced lunch options:

Smucker’s Grape Uncrustable PB&J \$2.00 or Italian Sub \$2.45

The meal comes with Carrot Sticks, Apple Slices, WG Cookie & Large Bottled Water.

Free & Reduced Meal Benefits Information:

There are many ways to qualify:

Income based – Fill out the application using your monthly gross income (total income before all deductions). You will be determined to qualify for free or reduced price meals based on total income/household size. Apply at www.ezmealapp.com.

Food Stamps– Using your “9-digit case number” that is found on any letter/forms that are sent to you concerning your benefits, fill out the application placing the 9-digit case number, your contact information, and signature. You will automatically qualify for free meals regardless of income.

Direct Certification– This is a list of students that the State of Pennsylvania determines automatically qualify. Hempfield obtains this list in July and will be mailing letters home if your family is on the list. If you are directly certified, it qualifies that child and any other child living in that household for free meals. Please notify the school if there are any students not listed on the letter sent home who live with you. If you receive a letter stating your child(ren) automatically qualify for free meals and you do not want them to receive this meal benefit, please contact the Food Services Office.

After you are approved for either free or reduced meal benefits, it will apply to both our breakfast program and lunch program.

Free : Breakfast: \$0.00 Lunch: \$0.00

Red: Breakfast \$0.00 (no cost for reduced breakfast) Lunch: \$0.40

Household size	Free—Monthly Income	Reduced—Monthly Income
2	\$ 1,736	\$2,470
3	\$2,184	\$3,108
4	\$2,633	\$3,747
5	\$3,081	\$4,385
6	\$3,530	\$5,023
7	\$3,980	\$5,663

PLEASE NOTE: IF YOU TRANSFER FROM ANOTHER SCHOOL DISTRICT, YOU WILL NEED TO FILL OUT ANOTHER APPLICATION TO QUALIFY AT HEMPFIELD SCHOOL DISTRICT.