

**LANCASTER COUNTY**  
**CURRENT CHILDREN'S BEHAVIORAL HEALTH SERVICE PROVIDERS**

**"WRAP AROUND"/ Behavioral Health Rehabilitative Services**

**PCBH**  
**(PA Comprehensive Behavioral Health)**

20B East Roseville Road Lancaster, PA 17601

**Phone:** **717-560-2372**

**Website:** <http://pcbh.biz/>

**Services Provided:**

- Mobile Therapy (MT), Therapeutic Staff Support (TSS), Behavior Specialist Consultant (BSC)
  - Outpatient Therapy, Music/Art Therapy, and Group Therapy
  - Psychiatric & Psychological Evaluations (if they have PA Insurance, Not Private).
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**CHESTER COUNTY IU**  
**(HOME & COMMUNITY SERVICES)**

1861 Charter Lane, Suite 115 Lancaster PA 17601

**Phone:** **717-617-2513**

**Website:** <http://www.cciu.org>

**Email:** Jessica Scepansky: [JessicaS@cciu.org](mailto:JessicaS@cciu.org)

**Services Provided:**

- Mobile Therapy (MT), Therapeutic Staff Support (TSS), Behavior Specialist Consultant (BSC)
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**WELLSPAN PHILHAVEN**

1884 Rohrerstown Rd. Lancaster, PA 17601

**Phone:** Access Center **717-273-8871**

**Intake:** **717-851-6340 (need PCP from Wellspan)**

**Website:** <https://www.wellspanphilhaven.org/>

**Email:** [info@philhaven.org](mailto:info@philhaven.org)

**Services Provided:**

- Mobile Therapy (MT), Therapeutic Staff Support (TSS), Behavior Specialist Consultant (BSC)
  - Outpatient Therapy, Family-Based, Group Therapy
  - Psychiatric & Psychological Evaluations
  - After School Programming, Day Hospital, & Inpatient Services
  - CADD: Center for Autism and Developmental Disabilities 717-735-1920
  - Therapeutic Summer Activities Program (STAP) Anxiety Focused (6-12) ASD (6-15)
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**T.W. Ponessa**

410 N. Prince St. Lancaster, PA 17603

**Phone:** **717-560-7917**

**Website:** <http://www.twponessa.com/>

**Services Provided:**

- Mobile Therapy (MT), Therapeutic Staff Support (TSS), Behavior Specialist Consultant (BSC)
  - Outpatient Counseling, Play Therapy, Family Counseling
  - Psychiatric & Psychological Evaluations (Dr. Prado: new bilingual child psychiatrist)
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**TEAMCARE BEHAVIORAL HEALTH**

1808 Colonial Village Lane, Lancaster, PA 17602

**Phone:** **717-391-0172**

**Website:** [www.teamcarebh.com](http://www.teamcarebh.com)

**Email:** [TEAMCare@teamcarebh.com](mailto:TEAMCare@teamcarebh.com)

**Services Provided:**

- Mobile Therapy (MT), Therapeutic Staff Support (TSS), Behavior Specialist Consultant (BSC)
- Outpatient Therapy, Group Counseling, Art/Music Therapy, Play Therapy, Family Counseling
- Psychiatric & Psychological Evaluations
- Summer Therapeutic Activities Program (STAP)

## Obtaining BHRS “Wrap-Around” Services for your Child

### **Step One**

Obtain Medical Assistance for your child (if you he/she does not already have it) by contacting the Department of Public Welfare at 717-299-7421.

Medical Assistance is the only insurance that covers Behavioral Health Rehabilitation Services (BHRS), commonly known as Wraparound. Once you have contacted the Department of Public Welfare, they will assist you with the application process. To obtain BHR services, your child must have an Axis I diagnosis such as: Autism, Pervasive Developmental Disorder (PDD), Attention Deficit Disorder (ADD), Attention Deficit Hyperactivity Disorder (ADHD), Depression, Oppositional Defiant Disorder, Reactive Attachment Disorder, Bipolar, or Intermittent Explosive Disorder. Although your family’s income is not a determining eligibility factor, income must be reported within the Medical Assistance application. They may ask for your pay stubs for the past two weeks, documentation of diagnosis, and a picture ID of your child (i.e. passport, school ID, or library card). Please have these ready in order to expedite the process.

[Medical Assistance Application \(Complete Here\)](#)

### **Step Two**

Make an appointment with a Core Provider.

As soon as you receive your child's Medical Assistance card, contact [PerformCare](#) at 1-888-700-7370 (this is the Managed Care Organization (MCO) for Lancaster County) and they will refer you to a provider for an evaluation. You may also contact any of the agencies directed listed on the reverse side of this page.

## What are BHRS “Wrap-Around” Services?

**Behavioral Health Rehabilitation Services (BHRS)** Process designed to support students with severe mental health needs. The BHRS process depends on a team of individuals, including the student, parents, educators, and mental health professionals in order to create and carry out an individualized treatment plan in a variety of settings.

**Therapeutic Support Staff (TSS)** Provides individualized mental health programs to students in community--based settings, including home, school, community center, faith organizations, neighborhood or extended family.

**Mobile Therapist (MT)** Provides individual and family psychotherapy in the home environment to identify healthy adaptive skills that students can use.

**Behavior Specialist Consultant (BSC)** Writes and monitors behavior treatment plans for students who have been diagnosed with behavioral and mental health disorders.

## ADDITIONAL OUTPATIENT COUNSELING SERVICES:

### Community Service Group

320 Highland Drive Mountville, PA 17554

Phone: **1-877-907-7970**

Website: <http://www.csgonline.org>

#### Services Provided:

- Outpatient, Family-Based, Parent-Child Interaction Therapy, Juvenile Firesetter Program
- Psychological Evaluations, Psychiatric Evaluations, Respite Services, Foster Care
- **School-Based Counseling within the Hempfield School District**

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### St. Joseph Children's Health

Behavioral Health Center

1929 Lincoln Highway East Lancaster, PA 17602

Phone: **717-947-6535**

Website: <https://stjosephchildrenshealth.org/behavioral-health/>

#### Services Provided:

Outpatient Counseling, Evaluations, and Psychiatry - (services for (Dr. Foley: Psychiatrist, Mary Jo Hanley, CRNP)

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### Pressley Ridge

630 Janet Ave. Lancaster, PA 17601

Phone: **717-397-5241**

Website: <http://www.pressleyridge.org/>

#### Services Provided:

- Outpatient Health Services and Psychiatry - (services for children and adults) Services for children are provided utilizing children play therapy or other expressive therapies. We have three locations, two in the city of Lancaster and one in Colombia Borough.
- Deb's House - Emergency respite care for children six and under who are experiencing crisis and need a safe place to stay. Average stay is 3-5 days with a foster certified family.
- Specialties: Abuse and other Traumatic Experiences, ADHD, Anxiety/Depression
- Bilingual Services (Spanish/English)

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### Dr. Jane Weierbach

1630 Manheim Pike Suite 4 Lancaster, PA 17601

Phone: **717-560-6234**

Website: <http://www.drjanew.com>

Email: [Drjanevoga@aol.com](mailto:Drjanevoga@aol.com)

#### Services Provided:

- Mindfulness-Based Stress Reduction and Cognitive-Behavioral Psychotherapy
- Specialties: Anxiety/OCD/Panic Disorders, ASD, ADHD, ODD/Conduct, Depression, Toileting, Social Skills, Deafness/Hearing loss, Bipolar/Mood, Learning Disorders, Sensory Seeking.

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### Samaritan Counseling Center (Christian-based)

1803 Oregon Pike Lancaster, PA 17601

Phone: **717-560-9969**

Website: <http://scclanc.org/>

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### Child First Family Services

129 East Orange Street Lancaster, PA 17601

Phone: **717-413-6960**

Website: <https://www.childfirstfamilyservices.com/>

- Individual, Group, and Family Counseling

<https://focuscounselingservices.com/>

## ADDITIONAL COMMUNITY RESOURCES:

### Perform Care

Phone: **1-888-722-8646**

Website: <http://www.performcare.org/index.aspx>

-Medical Assistance and Respite Support

### Mental Health Case Management Services

Lancaster County Beh. Health/Dev. Services

-Provides Intake Assessment, Administrative Case Management, Resource Coordination

Phone: **717-393-0421**

Website: <https://www.humanservices.co.lancaster.pa.us/>

### Pathways Center for Grief and Loss

4075 Old Harrisburg Pike Mount Joy, PA 17552

Phone: **(717) 391-2413**

Website: [www.pathwaysthroughgrief.org](http://www.pathwaysthroughgrief.org)

### Mental Health America

Free Client/Family Advocacy for Mental Health

630 Janet Avenue Lancaster, PA 17601

Phone: **(717) 397-7461**

Website: <http://www.mhalancaster.org>

Contact Gretchen: [gretchen@mhalancaster.org](mailto:gretchen@mhalancaster.org)

### Children with Incarcerated Parents

Ambassadors of Hope

Phone: **(717) 584-6110**

Website: [www.ambassadorsforhope.com](http://www.ambassadorsforhope.com)

Contact: [ambforhope@comcast.net](mailto:ambforhope@comcast.net)

### Compass Mark Family Advocates

Phone: **(717) 299-2831 ext. 229**

Website: [www.ambassadorsforhope.com](http://www.ambassadorsforhope.com)

Contact: [jstrassenburgh@compassmark.org](mailto:jstrassenburgh@compassmark.org)

### COBYS Family Life Center

Individual/Family Therapy & Family Education

171 East King Street, Lancaster, PA

Phone: **(717)-392-0504 (Individual/Family Therapy)**  
**(717) 435-8139 (Family Education Training)**

Website: [www.cobys.org](http://www.cobys.org)

Email: [general@cobys.org](mailto:general@cobys.org)

### Vision Corps

Phone: **(717) 291-5951**

Website: [www.visioncorps.net](http://www.visioncorps.net)

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### Lancaster County 4-H

Mountville and Mount Joy Clubs

Phone: **(717)-394-6851**

Website: <http://extension.psu.edu/4-h/counties/lancaster>

Email: [LancasterExt@psu.edu](mailto:LancasterExt@psu.edu)

### Girls Scouts Heart of Pennsylvania

Phone: **1-800-692-7816 or (717)-884-5988**

Website: [www.gshpa.org](http://www.gshpa.org)

Email: [nfisher@gshpa.org](mailto:nfisher@gshpa.org)

### Boy Scouts of America

Cub Pack 37: Landisville

Pennsylvania Dutch Council

Phone: **717-394-4063**

Website: <http://padutchbsa.org/>

Email: [nfisher@gshpa.org](mailto:nfisher@gshpa.org)

### Hempfield Rec Center

950 Church St. Landisville, PA 17438

Phone: **717-898-3102**

Website: <http://hempfieldrec.com/>

## **In Case of Emergency or Crisis**

1. Ephrata Hospital  
169 Martin Avenue  
Ephrata, PA 17522                   **717-738-6420**
  
2. Lancaster General  
555 North Duke Street  
Lancaster, PA 17601               **717-544-4950**
  
3. Lancaster Crisis Intervention  
1120 Frances Avenue  
Lancaster, PA 17601               **717-394-2632**

## **Acute Partial Hospital Providers**

1. Wellspan Philhaven Partial  
780 Eden Road Bld #3 Lancaster, PA  
Phone:               717-735-7770  
**Referral via Access Center: 717-273-8871**  
<https://www.wellspanphilhaven.org/Programs-and-Services/For-Children-Adolescents/Day-Hospital-Intensive-Outpatient/Program-Overview>
  
2. T.W. Ponessa Day Treatment  
354 N. Prince St. Lancaster, PA  
Phone:               717-553-5341  
**Referral line: 1-800-437-5405**  
<https://www.twponessa.com/services/childrens-partial-hospital-program/>

## **Therapeutic After School Program**

Wellspan Philhaven

780 Eden Road Bld #5 Lancaster, PA Moore Park

Phone: [1-888-324-0064](tel:1-888-324-0064)

**Referral: (717) 735-7770 X6336**

Contact Intake Case Manager: Kirby Piazza at the number above or email her at [kpiazza@wellspan.org](mailto:kpiazza@wellspan.org).

\*Children you refer should not be physically aggressive, though we are willing to discuss on a case by case basis whether they will be appropriate for our program.

<https://www.wellspanphilhaven.org/Programs-and-Services/For-Children-Adolescents/Therapeutic-After-School/Program-Overview>

-The program operates Monday through Friday from 4:00 p.m. to 7:30 p.m.

-The average length of treatment is 6 to 12 months.

Program Manager: Elizabeth McHenry

[emchenry@wellspan.org](mailto:emchenry@wellspan.org)

717.693.5935

\*Program is a great step-down from BHRS services, or can be used in addition to BHRS, Family Based, Outpatient, etc.

-Children ages 5-14 who exhibits behaviors including, but not limited to, impulsiveness, inattention, defiance, disrespect, poor social skills, and/or similar behaviors

## Play Therapy

Itsa Playful Journey  
2173 Embassy Drive, Suite 164  
Lancaster, PA 17603  
Phone: 717-431-2027 or 717-406-3200 (preferred contact method)  
Email: [playful@ptd.net](mailto:playful@ptd.net)  
[www.itsaplayfuljourney.com](http://www.itsaplayfuljourney.com)

The Play Therapy Center, Inc.  
Ms. Millhouse Lisa  
2938 Columbia Ave, Suite 202  
Lancaster, Pennsylvania 17603  
Phone: 717-775-7365

Hershey Counseling Center  
Jane Torregrossa  
1371 Sand Hill Road  
Hummelstown, PA 17036  
Phone: 717-265-4466  
Email: [Jane@HersheyCounseling.com](mailto:Jane@HersheyCounseling.com)  
[www.HersheyCounseling.com](http://www.HersheyCounseling.com)

Sand Castle Counseling  
Diane Bates-Sier, LCSW  
1890 North Market Street  
Elizabethtown, PA, 17022  
Phone: 717-525-0558  
<http://www.sandcastlecounseling.com>

## **Trauma Based Therapists**

### **Restoring Balance Counseling, LLC**

717-288-5064

1525 Oregon Pike, Suite 602, Lancaster, PA 17601

Specializing in treatment of Anxiety Disorders and Depression. Treatment includes Cognitive Behavioral Therapy (CBT) and Acceptance and Commitment Therapy (ACT) Providing Individual, Couples, and Family therapy.

### **Meadow Grove Counseling, LLC**

717-420-9571

822 Marietta Ave, Suite 23, Lancaster, PA 17603

Psychotherapy and play therapy services for children and adults in Lancaster.

### **Move Forward Counseling, LLC**

717-462-7003

825 Eden Road, Lancaster, PA 17601

Counseling is a boutique mental health outpatient service for women provided by a staff of all female, licensed providers. Specialized services for women's issues, such as pregnancy and postpartum mental health concerns, anxiety, depression, life transitions, dual diagnosis, trauma/EMDR, and emotional eating.

### **Sun Point Counseling Center**

717-297-0515 8

N. Queen Street, 2nd, 9th, and 11th floors, Lancaster, PA 17603

Individual and Family Counseling

### **Heart for Change Counseling Services, Inc.**

717-478-3411 (call or text)

200 Willow Valley Square, Suite 210, Lancaster, PA 17602

ADOPTION/FOSTER CARE TRAUMA, ADOPTION-RELATED ISSUES (PARENTS AND CHILDREN), ADHD, ADJUSTMENT DISORDERS, ANGER, ANXIETY, CHILDHOOD BEHAVIORAL ISSUES, CHILDHOOD TRAUMA, DEPRESSION, DOMESTIC VIOLENCE, GRIEF/LOSS, OCD, PARENT/CHILD RELATIONSHIP, PREGNANCY LOSS, PTSD, SEXUAL ABUSE, SEXUAL/GENDER IDENTITY, SOCIAL SKILLS, TRAUMA, VETERAN ISSUES, WOMEN'S ISSUES, AND WORK/JOB RELATED ISSUES.

### **The Counseling Collective, LLC (Michele Fry)**

717-723-8040

1987 State St, East Petersburg, PA 17520

Anxiety, depression, poor interpersonal relationships, etc. Incorporate psychoeducation into sessions, and utilize Cognitive Behavioral Therapy techniques and a strengths-based perspective.

**New Horizons Counseling Services**

717-431-6615

120 Foxshire Drive, Lancaster, PA 17601

Individual (Career Development, Assertiveness/Empowerment, Trauma, Mood Disorders, Coping Skills, Communication/Problem Solving, Academic/Work Skills, Psychoeducation. Family and relationship counseling. Evaluations. Co-Occurring Disorders. Group Therapy.

**CrossRoads Ministris**

717-824-3068

1801 Fruitville Pike, Suite 201 Lancaster, PA 17601

It is a Christian Counseling Center. They have a few different therapists, each with a particular interest/specialty. Addictions, trauma generational trauma, sexual addiction, and eating disorders are some of the areas of expertise. They do not bill insurance so that could be a barrier.

**Avers and Bible Counseling Associates**

717-208-6686

<https://aversbiddlecounseling.com/index.php>

**Michael Osborne**

[mattersoftheheartcounselingllc.com](http://mattersoftheheartcounselingllc.com)

Works with trauma and families

**Heart for Change Counseling Services**

717-546-9257

CBT, DBT, Trauma focused counseling.

**Nancy Brooks**

<https://nancybrook2.wixsite.com/counseling>

Trauma certified and experienced