

As an organization, we work to identify needs and advocate for solutions for children of incarcerated parents. A big part of that is educating the community and providing the resources to empower these children and their families. We are looking to expand the support for these children in the school system, and we can do that in the following ways:

- Present at PTO meetings and other parent/teacher events
- Attend school and community events
- Meet with guidance/school counselors
- Provide trauma-responsive children's books
- Supply literature about Ambassadors for Hope and the Family Services Advocate program at Compass Mark
- Help refer students who may need support from the Family Services Advocate
- Subsidize before and after school care and other programming for families impacted financially by a parent's incarceration

Please reach out to us with any questions or for more information!

Ashley Coblenz, Community Liaison
ancoblen@millersville.edu
(717) 357-7248

Children's Book Collection 2021

These books will help to approach the subject of parental incarceration with children. The content centers around feelings and situations that are common in the unique circumstance of parental incarceration, as well as introducing coping mechanisms.



The Day We Visit Daddy in Prison
Cindy Similien

Far Apart, Close in Heart: Being a Family When a Loved One is Incarcerated
Becky Birtha

What Will Happen to Me?
Howard Zehr & Lorraine Stutzman Amstutz

The Night Dad Went to Jail
Melissa Higgins

The Invisible String
Patrice Karst

When Dad Was Away
Liz Weir & Karin Littlewood

Our Moms
Q. Futrell

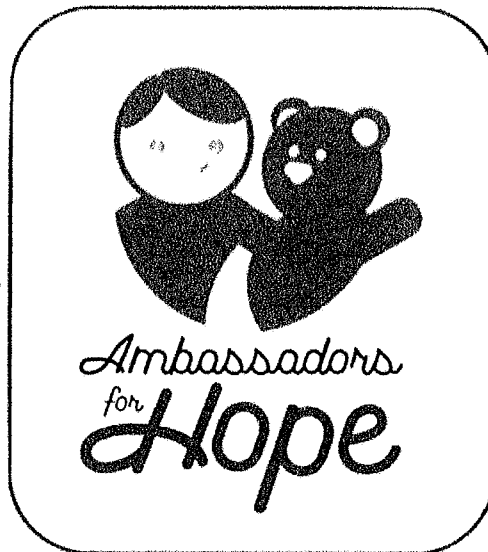
Knock Knock: My Dad's Dream for Me
Daniel Beaty

If you need more books or would like more information, feel free to contact us at ambforhope@comcast.net or visit our website at www.ambassadorsforhope.com

Community Partners

Do you have children affected by parental incarceration? Are they being financially affected by this?

Let us help!



At Ambassadors for Hope, our main goal is to support children with a parent in prison. Supporting a child may sometimes mean providing financial support to their family, which is why we are looking to cover the cost of childcare programs.

If you have a child that is in need of financial assistance because of these circumstances, please reach out so we can make arrangements. We are looking to expand our reach and serve more families, so any referrals would be graciously received. Thank you!

For more information please contact:

Karlee Shambaugh
Family Services Advocate @ Compass Mark
kshambaugh@compassmark.org
717-299-2831 x229

Ashley Coblenz
Community Liaison
ancoblen@millersville.edu
717-357-7248

My Changing Family

Sentence Completion



My family is different now, because... _____



When I think about my family, I feel... _____



Things I don't like about the changes to my family are... _____



Things I **do** like about the changes to my family are... _____



My biggest worry about my family is... _____



My hope for my family is... _____

About Me

Sentence Completion



I was really happy when... _____



Something that my friends like about me is... _____



I'm proud of... _____



My family was happy when I... _____



In school, I'm good at... _____



Something that makes me unique is... _____

My Strengths and Qualities

Things I am good at:

1

2

3

Compliments I have received:

1

2

3

What I like about my appearance:

1

2

3

Challenges I have overcome:

1

2

3

I've helped others by:

1

2

3

Things that make me unique:

1

2

3

What I value the most:

1

2

3

Times I've made others happy:

1

2

3

More than Happy

Take a look at these feeling words and their meanings. Can you think of a time when you have felt courageous? What about proud? How does it feel different to be jubilant rather than glad? Have you noticed these feelings in others? When you've found all of the words in the puzzle below, pick a favorite from the list to start using more often.

D M G C Z E R L A R X C
 T E L Q X O U U P F O N
 T W A J C F Y K P U Y P
 B N D K E K O J R G L A
 U Y A E C Z R A E O D O
 R F L L J A G E C R N R
 U G U L I E L U I J E H
 Q Q Z P O B P M A E I G
 P R O U D I U Z T P R L
 H O S Q K P L J E Y F V
 R M C S Z V R I D K X L
 C I T S I M I T P O A M

Appreciated: important, cared about, noticed, loved

Calm: peaceful, not worried, content

Courageous: brave, unafraid, heroic

Friendly: neighborly, outgoing, kind

Glad: happy

Gleeful: cheery, very happy

Jubilant: very happy, joyful, so happy you're doing handsprings

Optimistic: hopeful that something good will happen

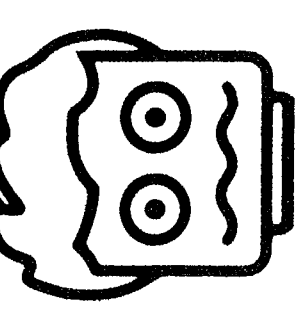
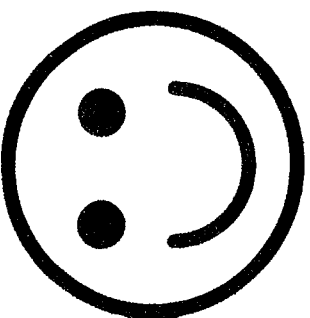
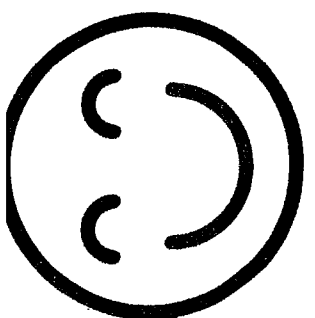
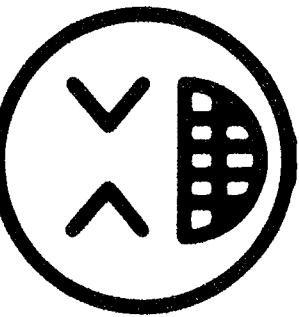
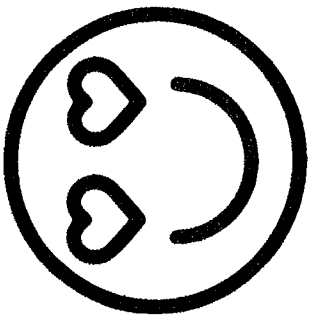
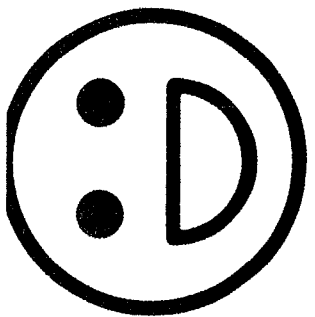
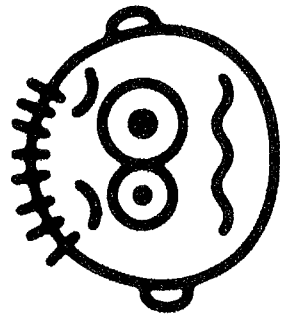
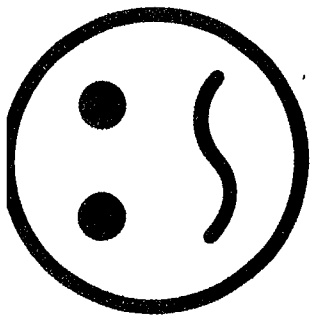
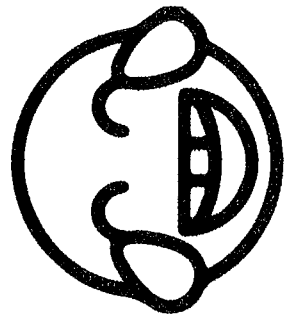
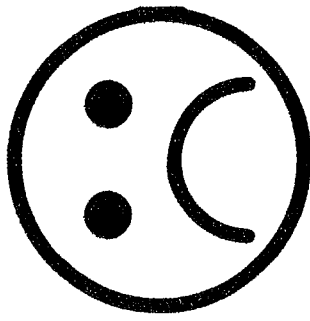
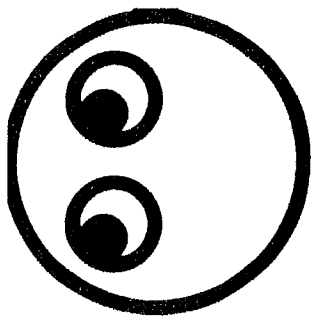
Proud: pleased or satisfied with yourself and/or something you did

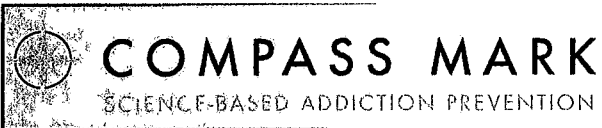
Feelings Tic-Tac-Toe

Know and show your feelings with a game of tic-tac-toe. Put an "X" or an "O" on any box that says something you've done. Mark a box any time, and try to get three in a row. (Grown-ups can play, too!)



<p>Name a feeling you had today. What was happening when you felt it?</p>	<p>I had a big feeling and tried hugging it out.</p>	<p>I named a feeling someone else had today.</p>
<p>I talked to a grown-up about how I was feeling.</p>	<p>I took deep breaths when I had a big feeling.</p>	<p>Talk about a time when you felt really happy. How did you show it?</p>
<p>Talk about when you might feel frustrated. What can you do to help?</p>	<p>Act out what it's like to feel grouchy.</p>	<p>Act out what it's like to feel excited.</p>



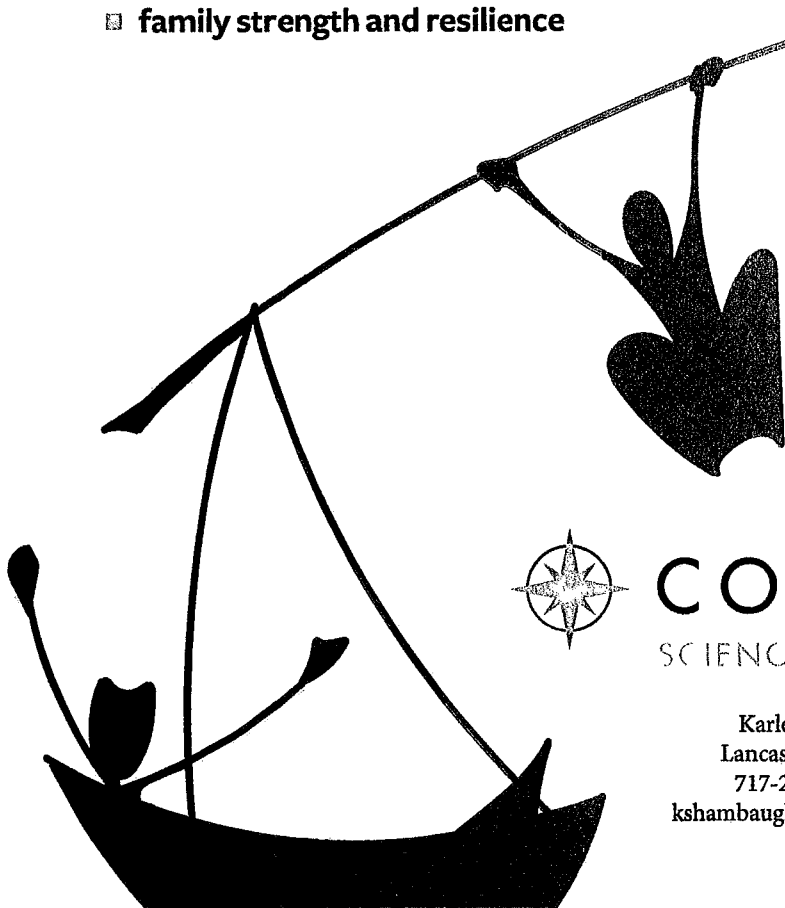


Common Issues Addressed

- › **Children's basic needs**
- › **Parent-child relationship**
- › **School connection & success**
- › **Therapeutic supports**
- › **Impacts of parental incarceration**

Skills Built

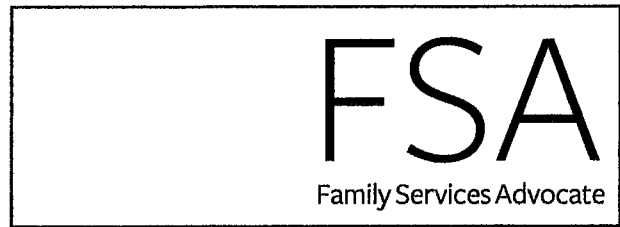
- **ability to access community services**
- **understanding of and ability to access therapeutic services**
- **healthy family relationships**
- **ability to access school supports**
- **family strength and resilience**



COMPASS MARK
SCIENCE-BASED ADDICTION PREVENTION

Karlee Shambaugh
Lancaster County FSA
717-299-2831 x229
kshambaugh@compassmark.org

Sarah Nauman
Lebanon County FSA
717-205-5832
snauman@compassmark.org



serving the children of incarcerated parents

The FSA works to identify, support and advocate for the unique needs and rights of children with incarcerated parents. This program helps families and caregivers connect with existing community supports and maintain healthy parent-child relationships.

Compass Mark's FSA can

Educate a child's family regarding the rights of children of incarcerated parents.

Ensure that a child's caregiver is legally recognized via a Temporary Guardianship Form.

Develop a care and services plan in conjunction with a child's family and caregiver to best suit the needs of all involved.

Make referrals to resources in the community to address familial needs.

Advocate for and arrange special visitation and communication with the child's parents.



PART 1 – CHILD/CAREGIVER INFORMATION

Referral Source _____ Name _____

Date _____ Contact Number _____

Child's Gender: Female Male Other

Child/Children's names: _____ Birthdates _____

Caregiver's name _____ Relationship _____

Address _____

City _____ State _____ Zip _____

Phone (cell) _____ Phone (cell) _____

Bio mother _____ Bio father _____

Guardianship papers? (if not the biological parent) YES NO

PART 2 – INCARCERATED PARENT INFO

Incarcerated Parent _____

Location _____ Date of Incarceration _____

PART 3 – CONCERNS/NEEDS

Child's behavior issues

School concerns

Therapy needs

Psychiatric needs

Communication w/incarcerated parent

Food/Clothing/housing needs

Other Concerns _____

Permission to Contact: YES NO

Parent/guardian signature _____

PART 4 – OFFICE USE

Date of follow up _____ Intake date _____

Response _____

**Completed referrals can be faxed or emailed. For more information please call
Compass Mark at 717-299-2831. Thank you.**

Karlee Shambaugh- Lancaster
1891 Santa Barbara Drive Suite 104
Lancaster, PA 17601
(717) 299-2831
Fax (717) 393-5944
kshambaugh@compassmark.org

Sarah Nauman – Lebanon
126A South 7th Street
Lebanon PA 17042
(717) 205-5832
Fax (717) 393-5944
snauman@compassmark.org

CHILDREN OF INCARCERATED PARENTS

A BILL OF RIGHTS

1. I have the right **TO BE KEPT SAFE AND INFORMED AT THE TIME OF MY PARENT'S ARREST.**
2. I have the right **TO BE HEARD WHEN DECISIONS ARE MADE ABOUT ME.**
3. I have the right **TO BE CONSIDERED WHEN DECISIONS ARE MADE ABOUT MY PARENT.**
4. I have the right **TO BE WELL CARED FOR IN MY PARENT'S ABSENCE.**
5. I have the right **TO SPEAK WITH, SEE AND TOUCH MY PARENT.**
6. I have the right **TO SUPPORT AS I FACE MY PARENT'S INCARCERATION.**
7. I have the right **NOT TO BE JUDGED, BLAMED OR LABELED** because my parent is incarcerated.
8. I have the right **TO A LIFELONG RELATIONSHIP WITH MY PARENT.**

**SAN FRANCISCO
CHILDREN OF
INCARCERATED
PARENTS PARTNERSHIP**