

MENUS FOR FEBRUARY 2017

**HEMPFIELD
SCHOOL DISTRICT
ELEMENTARY**



This institution is an equal opportunity provider and employer. Menus are subject to change.

Featured Snack Days

A variety of snacks are available daily for elementary students who purchase a lunch or bring a lunch from home. Below are featured snack days in addition to our daily offerings.

Monday..... Hershey's S.T.A.N.D. Ice Cream Day
Tuesday..... WG Baked Cookie Day
Wednesday..... Hershey's S.T.A.N.D. Ice Cream Day
Thursday..... Manager's Choice
Friday..... Hershey's S.T.A.N.D. Ice Cream



Daily Offerings at Lunch

- Featured Hot Vegetable or Sun Cup Tomato Juice
- Featured Fruit on Menu, Canned Fruit or Fresh Fruits
- 100% Fruit Juice offered Monday & Wednesday
- 1% White Milk & Fat Free Flavored Milks
- Chef's Salad Choice every Friday (manager will select a featured salad to offer)

Daily Offerings At Breakfast

- Hot Entrée or General Mills Cold Cereal/Cereal Bar
- Choice of 100% Sun Cup Fruit Juice
- Choice of 100% Sun Cup Tomato Juice
- Choice of 1% White Milk & Fat Free Flavored Milk
- 100% Fruit Juice or Fruit Offered Daily
- Graham Crackers or Toast

**THE ESHIMA
OHASHI BRIDGE
IN JAPAN IS
SO STEEP THAT
IT IS KNOWN
AS THE ROLLER
COASTER
BRIDGE!**



HAPPY FACE=HEALTHY HEART.



It's February again, so let's talk hearts! A study that followed subjects for 10 years found that people who express positive emotions like contentment and happiness most often were far less likely to develop heart disease. So put on a happy face!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

**NOW
HIRING**
APPLY TODAY

Food Service
Substitutes
Visit the Human
Resources
Department website
and apply today!
\$9.50 an hour
Flexible Schedule
www.hempfieldsd.org

First things First

STUDENT PRICING:

Breakfast.....\$1.35	Reduced Price.....\$0.00
Lunch\$2.45	Reduced Price.....\$0.40
Domino's Pizza Lunch.....\$2.65	
Premium Pizza Lunch.....\$2.65	
A la Carte Milk.....\$0.65	
Premium Pizza Day.....\$2.65	

ADULT PRICING:

Breakfast - \$2.30 Lunch - \$4.25 - \$5.00

Menu Choices

Hot Entrée: Choose 1
Featured Item, Alternate, or Box Salad

Vegetable: Choose up to 2

Students may choose up to 2 vegetable choices which consist of vegetable juice and featured vegetable with the entrée. Some menu days feature 3 vegetable choices in which students can select all 3!

Fruit: Choose 1

Students may choose 1 fruit or fruit juice. Extra fruit or fruit juice can be purchased at the a la carte price of \$0.75 each.

Students must select a fruit and/or vegetable with their meal.

Wed., Feb. 1

Breakfast

Sky Blue WG Breakfast Bun
Or
WG Super Bakery Donuts
Fruit/Juice Choice
Milk Choice

Lunch

Grilled Cheesy Bacon Chicken Sandwich
on Wheat Roll w/ American Cheese,
Lettuce, Tomato & Pickle
Or
Domino's Smart Slice
Cheese Pizza
Steamy Seasoned
Broccoli Florets w/o Cheese Sauce
100% Assorted Fruit Juice/Fruit
Milk Choice
Or
Popcorn Chicken Salad
w/ Breadstick

Thurs., Feb. 2

Breakfast

Dutch Waffle
Fruit/Juice Choice
Milk Choice

Lunch

Crazy Dipper Day
2 Max Cheese Sticks w/ Mariana Sauce
2 Chicken Tenders
Or
Hot Dog on Roll
Golden Potatoes
4 Bean Salad
Applesauce
Milk Choice
Or
Popcorn Chicken Salad
w/ Breadstick

Friday, Feb. 3

Breakfast

Breakfast on The Run
Keebler Bug Bites & Yogurt
Fruit/Juice Choice
Milk Choice

Lunch

French Bread Garlic Cheese Pizza
w/ Marinara Sauce
Or
Chicken Nuggets w/ Breadstick
Steamy Seasoned Peas
Assorted Fruit Choice
Milk Choice
Or
Chef's Salad Choice
Chef's Bread Selection

Monday, Feb. 6

Breakfast

Pillsbury Mini Cinnis
Fruit/Juice Choice
Milk Choice

Lunch

Premium Pizza Day
Big Daddy's Cheese Pizza
Or
Winter Fun on the Run
Whole Grain Soft Baked
Cheese Filled Pretzel
Yogurt Cup
Carrot Stick Packet
Raisins or Apple Slices
Milk Choice
Or
Chef Salad w/ 2 Proteins
Breadstick & Crackers

Tuesday, Feb. 7

Breakfast

Egg, Cheese & Sausage
Muffin Sandwich
Fruit/Juice Choice
Milk Choice

Lunch

Chicken Patty Sandwich
Lettuce, Tomato & Pickles
Or
Brunch Lunch
French Toast Sticks
Yogurt Cup
Baked Tater Tots
100% Assorted Fruit Juice/Fruit
Milk Choice
Or
Chef Salad w/ 2 Proteins
Breadstick & Crackers

Wed., Feb. 8

Breakfast

Sky Blue WG Breakfast Bun
Or
WG Super Bakery Donuts
Fruit/Juice Choice
Milk Choice

Lunch

Creamy Mac & Cheese w/ Breadstick
Or
Domino's Smart Slice
Cheese Pizza
Steamy Seasoned
Broccoli Florets w/wo Cheese Sauce
100% Assorted Fruit Juice/Fruit
Chocolate Pudding
Milk Choice
Or
Chef Salad w/ 2 Proteins
Breadstick & Crackers

Thurs., Feb. 9

Breakfast

Dutch Waffle
Fruit/Juice Choice
Milk Choice

Lunch

Hamburger
on Wheat Roll
Lettuce, Tomato & Pickle
Or
Hot Dog on Wheat Roll
Home Style Baked Beans
J&J WG Soft Baked Pretzel
Apple Slice Packet
Milk Choice
Or
Chef Salad w/ 2 Proteins
Breadstick & Crackers

Friday, Feb. 10

Breakfast

Breakfast on The Run
Keebler Bug Bites & Yogurt
Fruit/Juice Choice
Milk Choice

Lunch

French Bread Garlic Cheese Pizza w/
Marinara Sauce
Or
Chicken Nuggets w/ Breadstick
Winter Veggie Mix
Assorted Fruit
Milk Choice
Or
Chef's Salad Choice
Chef's Bread Selection

*The Meal Deal Individually Wrapped Smucker's
Uncrustable Grape PB&J \$2.00*

Or

*Black Knight Italian Sub w/ Lettuce & Tomato
\$2.65*

*Bagged Apple Slices, Carrot Sticks & 1.5oz
Whole Grain Chocolate Chip Cookie*

Beverage - Large Bottled Water

Field Trip!

Monday, Feb. 13

Breakfast

**Dollar Breakfast Day for
Paid Students**
Pillsbury French Toast
Fruit/Juice Choice
Milk Choice

Lunch

Premium Pizza Day
Big Daddy's Cheese Pizza
Or
Winter Fun on the Run
Whole Grain Soft Baked
Cheese Filled Pretzel
Yogurt Cup
Carrot Stick Packet
Raisins or Apple Slices
Milk Choice
Or
Popcorn Chicken Salad
w/ Breadstick

Tuesday, Feb. 14

Breakfast

Egg, Cheese & Sausage
Muffin Sandwich
Fruit/Juice Choice
Milk Choice

Lunch

Chicken Sticks w/
Texas Garlic Toast
Or
3PC Max Cheese Sticks
Marinara Sauce
Steamy Seasoned Carrot Coins
100% Assorted Fruit Juice/Fruit
Milk Choice
Or
Popcorn Chicken Salad
w/ Breadstick

Hershey's Valentine Ice Cream Cup

Wed., Feb. 15

Breakfast

Sky Blue WG Breakfast Bun
Or
WG Super Bakery Donuts
Fruit/Juice Choice
Milk Choice

Lunch

Grilled Cheesy Bacon Chicken Sandwich
on Wheat Roll w/ American Cheese,
Lettuce, Tomato & Pickle
Or
Domino's Smart Slice
Cheese Pizza
Steamy Seasoned
Broccoli Florets w/wo Cheese Sauce
100% Assorted Fruit Juice/Fruit
Milk Choice
Or
Popcorn Chicken Salad
w/ Breadstick

Thurs., Feb. 16

Breakfast

Dutch Waffle
Fruit/Juice Choice
Milk Choice

Lunch

French Bread Garlic Cheese
Pizza w/ Marinara Sauce
Or
Chicken Nuggets w/ Breadstick
Winter Veggie Mix
4 Bean Salad
Assorted Fruit Choice
Milk Choice
Or
Popcorn Chicken Salad
w/ Breadstick

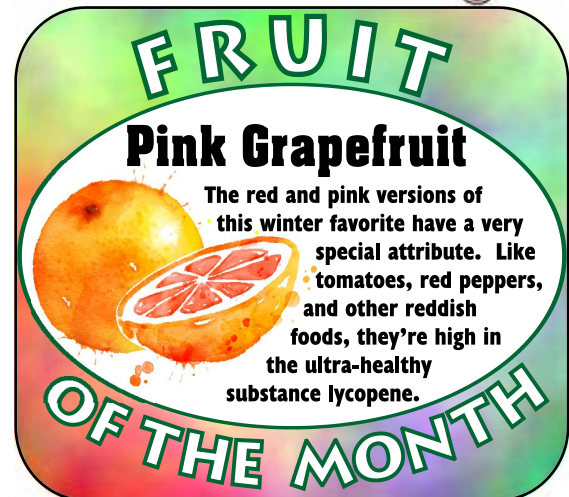
Friday, Feb. 17

Breakfast

Chef's Choice
Fruit/Juice Choice
Milk Choice

Lunch

Hot Ham & Cheese on Pretzel Roll
Or
Chef's Choice
Golden Potatoes
Assorted Fruit Choice
Milk Choice
Or
Chef's Salad Choice
Chef's Bread Selection



Monday, Feb 20



**NO SCHOOL
TODAY**

Tuesday, Feb. 21

Breakfast

Egg, Cheese & Sausage
Muffin Sandwich
Fruit/Juice Choice
Milk Choice

Lunch

Chicken Patty
Sandwich w/ Lettuce, Tomato & Pickles
Or
Brunch Lunch
French Toast Sticks
Baked Tater Tots
Strawberry Banana Yogurt Cup
100% Assorted Fruit Juice/Fruit
Milk Choice
Or
Chef Salad w/ 2 Proteins
Breadstick & Crackers

Wed., Feb. 22

Breakfast

Sky Blue WG Breakfast Bun
Or
WG Super Bakery Donuts
Fruit/Juice Choice
Milk Choice

Lunch

Creamy Mac & Cheese w/ Breadstick
Or
Domino's Smart Slice
Cheese Pizza
Steamy Seasoned
Broccoli Florets w/wo Cheese Sauce
100% Assorted Fruit Juice/Fruit
Chocolate Pudding
Milk Choice
Or
Chef Salad w/ 2 Proteins
Breadstick & Crackers

Thurs., Feb. 23

Breakfast

Dutch Waffle
Fruit/Juice Choice
Milk Choice

Lunch

Cheeseburger
on Wheat Roll
Lettuce, Tomato & Pickle
Or
Hot Dog on Wheat Roll
Home Style Baked Beans
J&J WG Soft Baked Pretzel
Apple Slice Packet
Milk Choice
Or
Chef Salad w/ 2 Proteins
Breadstick & Crackers

Friday, Feb. 24

Breakfast

Pillsbury French Toast
Fruit/Juice Choice
Milk Choice

Lunch

French Bread Garlic Cheese Pizza w/
Marinara Sauce
Or
Chicken Nuggets w/ Breadstick
Winter Veggie Mix
Assorted Fruit
Milk Choice
Or
Chef's Salad Choice
Chef's Bread Selection

Monday, Feb. 27

Breakfast

Pillsbury Mini Cinnis
Fruit/Juice Choice
Milk Choice

Lunch

Premium Pizza Day
Big Daddy's Cheese Pizza
Or
Hot Ham & Cheese
on Bavarian Pretzel Roll
Carrot Stick Packet w/ Ranch
100% Assorted Fruit Juice
Milk Choice
Or
Popcorn Chicken Salad
w/ Breadstick

Tuesday, Feb. 28

Breakfast

Egg, Cheese & Sausage
Muffin Sandwich
Fruit/Juice Choice
Milk Choice

Lunch

Chicken Sticks w/
Texas Garlic Toast
Or
Hot Dog on Wheat Roll
Home Style Baked Beans
Diced Pears
Milk Choice
Or
Popcorn Chicken Salad
w/ Breadstick